



Vola Headlines

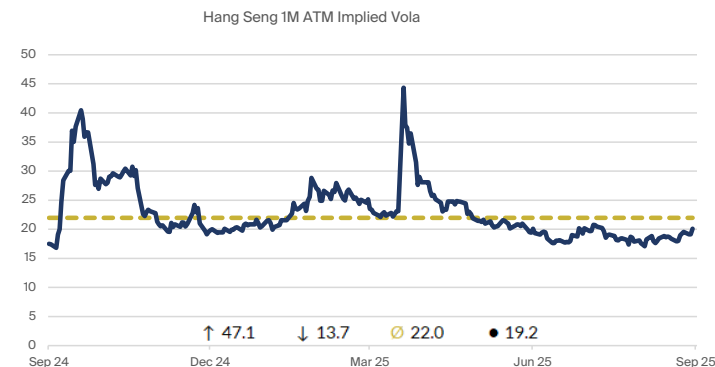
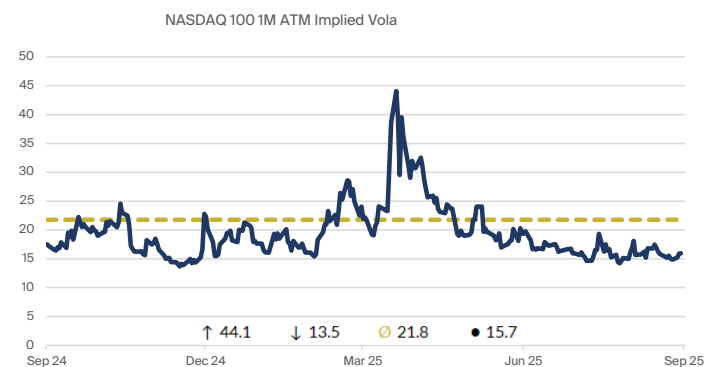
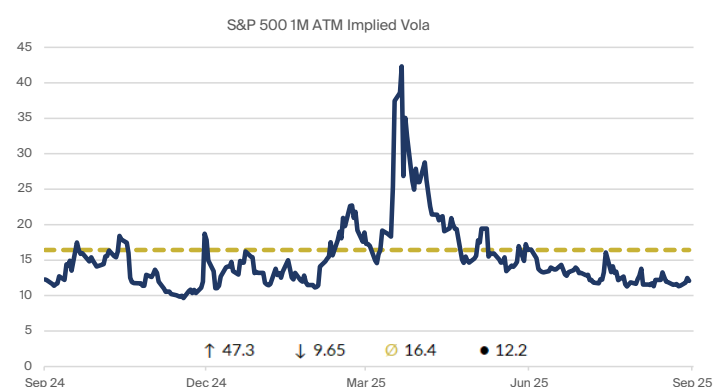
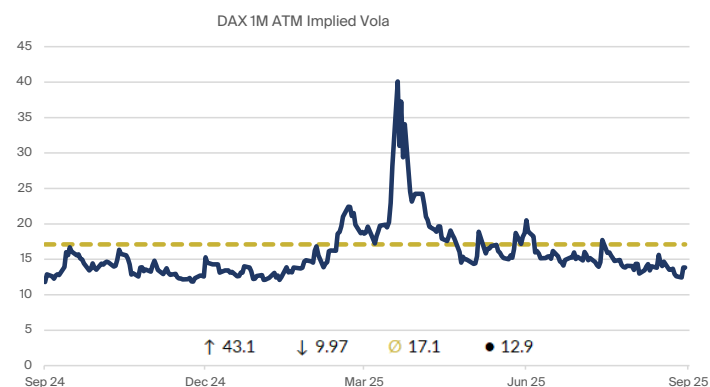
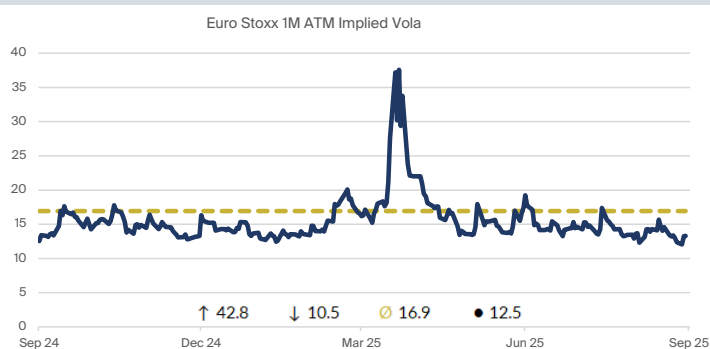
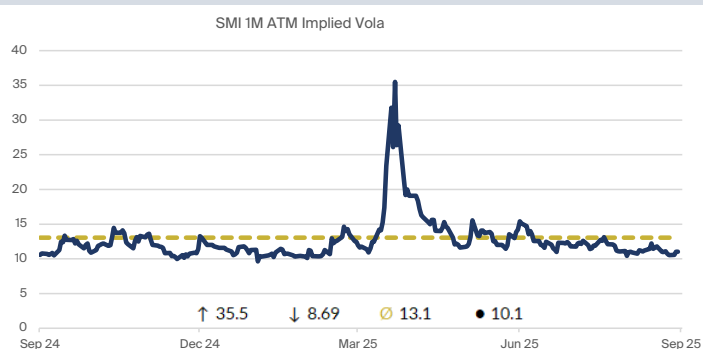
- Cross-asset volatility maintained its downward trajectory through September, marking a fifth consecutive month of compression and leaving most major benchmarks firmly below their long-term averages.
- Equity volatility remained subdued, with the VIX spending the majority of the month in a tight 13–15 range despite bouts of softer macro data. Brief spikes following U.S. labor market surprises and renewed political uncertainty in Europe quickly reversed, reinforcing the prevailing pattern of mean reversion and investor confidence in policy backstops.
- FX volatility eased modestly after August's elevated swings, though idiosyncratic drivers persisted. Shifting rate expectations in the U.S. and U.K., coupled with renewed intervention chatter in Japan, created episodic bursts of movement across G10 pairs, but these were largely contained.
- Rates volatility drifted to fresh cyclical lows as investors continued to price in policy steadiness into year-end.

Overall, smart derivative strategies, like call overwriting, put protection, or capital-protected calls, can boost resilience while preserving return potential.

Overview

SMI	10.07	Euro Stoxx	12.53	SPX	12.18	Nikkei	19.54
DAX	12.94	FTSE 100	9.02	NASDAQ	15.71	Hang Seng	19.24

Equities



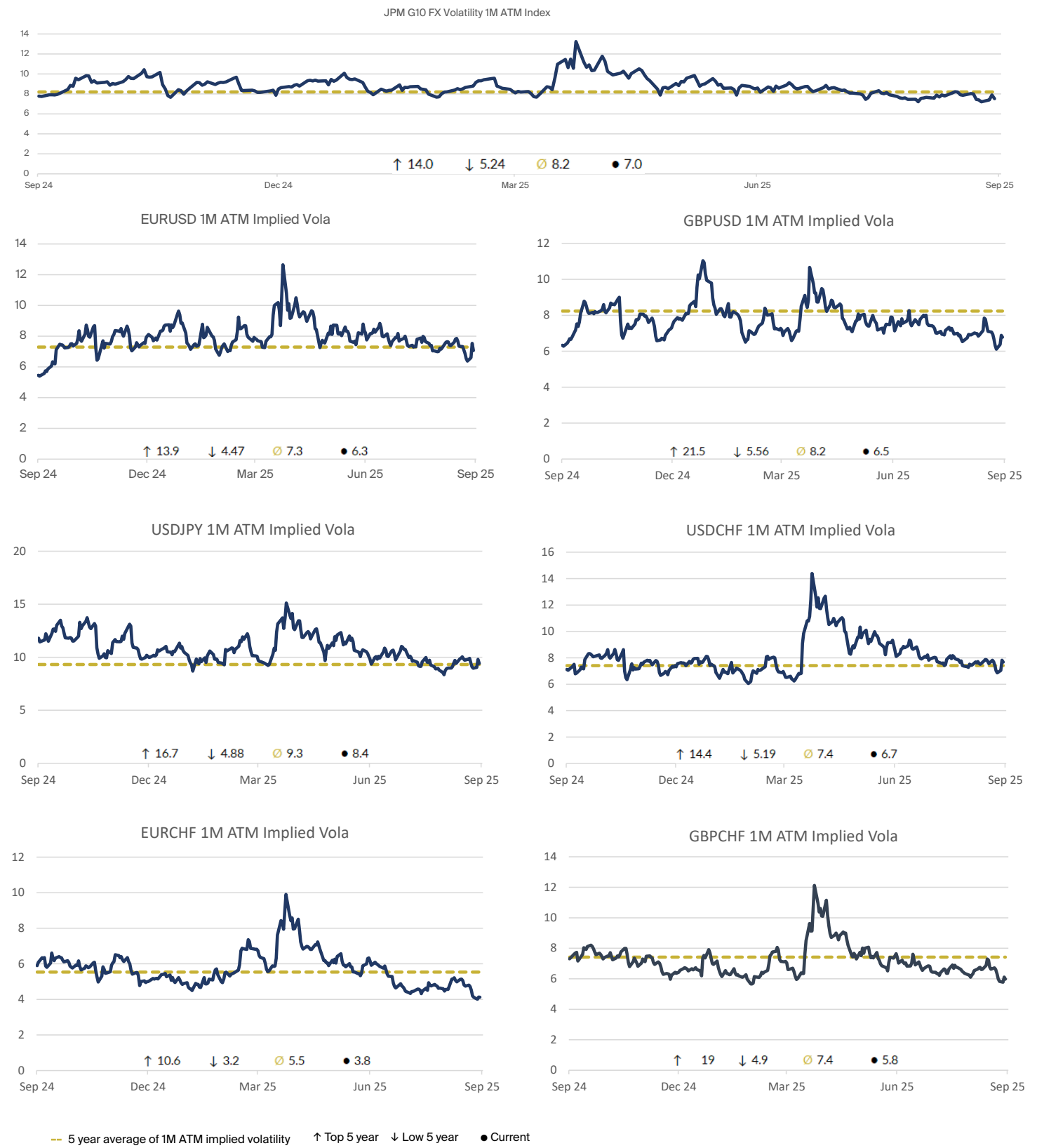
--- 5 year average of 1M ATM implied volatility
 ↑ Top 5 year
 ↓ Low 5 year
 ● Current



Overview

G10	6.99	USDJPY	8.45	EURGBP	4.53	USDCHF	6.68
EURUSD	6.27	EURCHF	3.82	GBPUSD	6.49	EURJPY	6.55

FX

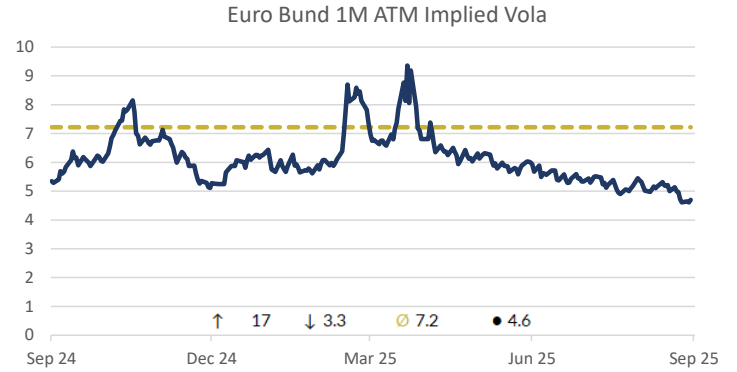
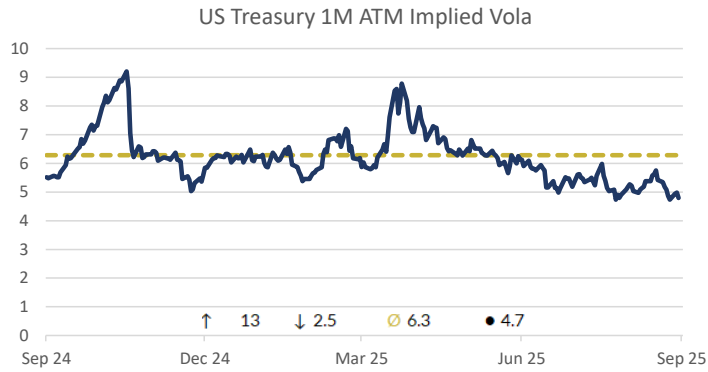




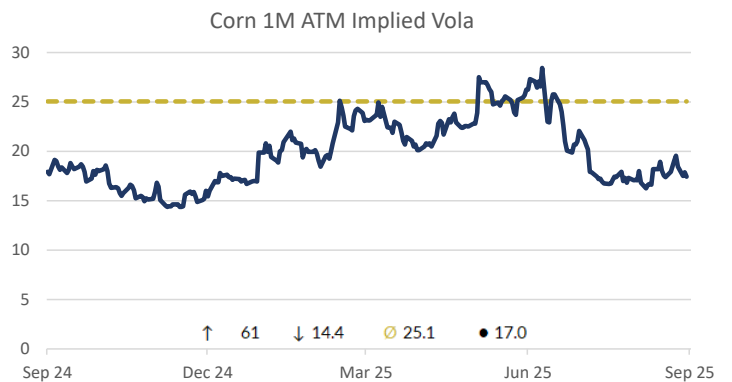
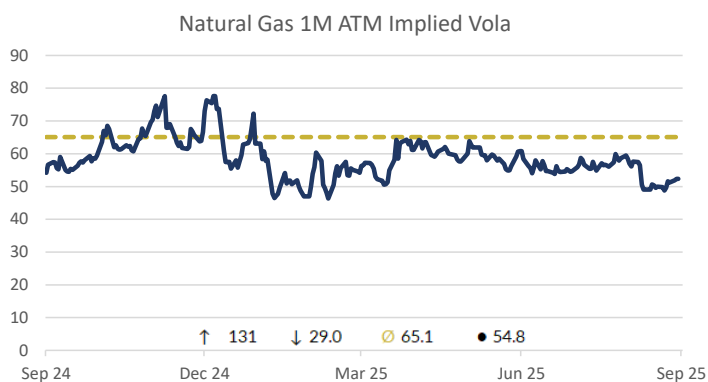
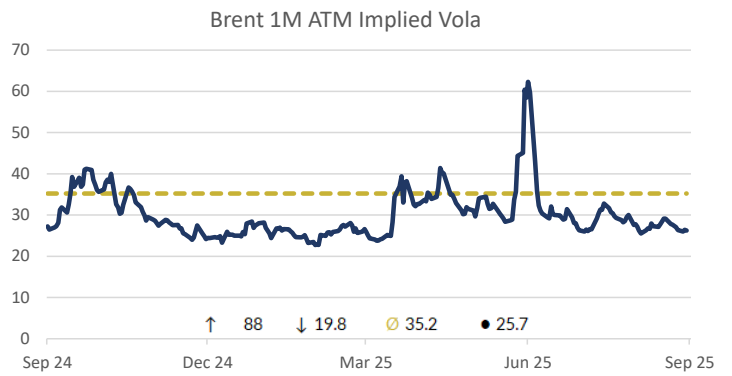
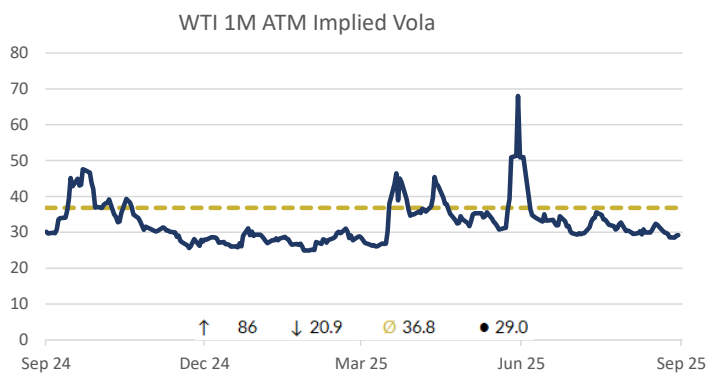
Overview

US Treasury	4.73	Euro Bund	4.60
WTI	28.97	Brent	25.72
Natural Gas	54.77	Corn	17.00

Rates



Commodities



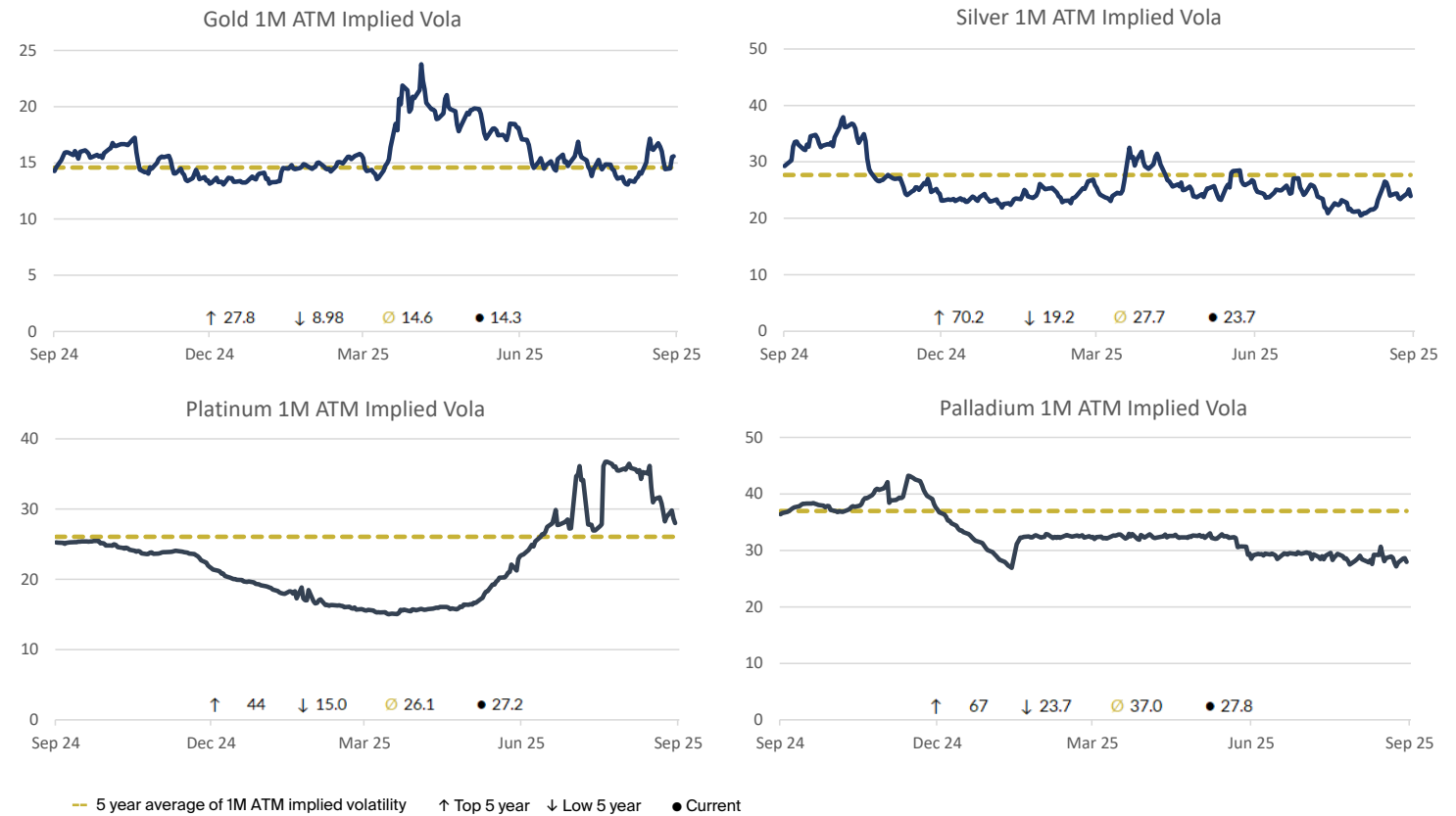
--- 5 year average of 1M ATM implied volatility ↑ Top 5 year ↓ Low 5 year ● Current



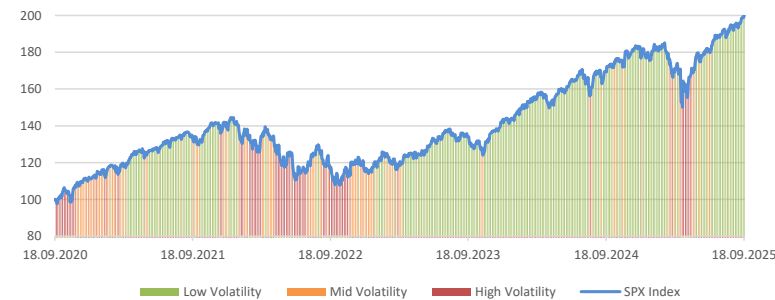
Overview

Gold 14.30 Silver 23.68 Platinum 27.23 Palladium 27.75

Metals



Volatility Cycles and Market Outcomes



SPX Index Performance In Different Volatility Environments			
	Low Volatility Return p.a	Mid Volatility Return p.a	High Volatility Return p.a
SPX Index	55.20%	-1.51%	-47.90%

The chart illustrates the performance of the **S&P 500 Index (SPX)** from September 2020 to September 2025 across different volatility regimes. The SPX index (blue line) trends upward over the period, while the background is segmented into three volatility environments: **low volatility (green)**, **mid volatility (orange)**, and **high volatility (red)**.

The analysis highlights a clear dispersion in returns depending on volatility conditions:

Low volatility periods (green) delivered the strongest results, with an annualized return of **55.20%**.

Mid volatility periods (orange) also underperformed, with an annualized return of **-1.51%**.

High volatility periods (red) proved least favorable, producing a strong annualized return of **-47.90%**.

This shows how using a tailored volatility strategy can help with risk-adjusted performance as high-volatility environments offer opportunities to harvest premium.

“The market’s best moves usually start with volatility.”

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